

DENTAL OFFICE UPDATE



Fall 2002

CDT-3 Codes Now Required by ODS

Effective September 1, 2002, ODS Health Plans will *only* accept dental claim forms that use CDT-3 Procedure codes.

This change is in response to the Health Improvement Portability and Accountability Act (HIPAA) regulations that will go into effect next year.

HIPAA requires all dentists and insurance companies to exclusively use CDT-3 codes to document services performed. If your office does not use CDT-3 codes and you don't have an

American Dental Association CDT-3 codebook or CD-ROM, which contains the codes and nomenclature, you can purchase the codebook from the ADA. You can order one on-line at www.ada.org or by telephone at 1-800-947-4746.

Claims received after September 1, 2002 with a non-CDT-3 code *will be returned to your office* for you to change the procedure code(s) to the CDT-3 codes.

If you have questions about

these new changes, please call Barry Rice at (503) 228-6554, ext. 5549.

OHP Standard Plan Begins in February

Beginning February 1, 2003, approximately 18,000 of ODS' Oregon Health Plan (OHP) members will be changed from the current no co-pay, no-maximum plan called OHP Plus to the new OHP Standard Plan.

The Standard Plan is more restrictive in benefits, has various co-pays on restorative services and carries a \$500 maximum insurance benefit for each of two six-month periods (January 1 through June 30 and July 1 through December 31).

Under the Standard Plan, all

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PHARMACY CORNER

Recognizing and Treating GERD

By: Tanuja Naidu, PharmD candidate, OSU College of Pharmacy
Karen Beauchamp, R.Ph., ODS Pharmaceutical Programs Manager



Dental erosion is irreversible loss of dental hard tissue by a chemical process that does not involve bacteria. Dissolution of mineralized tooth structure occurs upon contact with acids that are introduced into the oral cavity from diet, external sources, or internal sources such as regurgitation/reflux or vomiting.¹ In this condition gastric contents pass involuntarily into the esophagus and escape up into the mouth.² Silent

gastrophageal reflux disease (GERD) refers to gastric reflux without symptoms such as belching, unexplained sour taste or heartburn.² Dental erosion of the posterior teeth is an important finding in the diagnosis of GERD, especially silent GERD.² Therefore, it is critical for dentists to evaluate patients with dental erosion for acid reflux.

Non-pharmacological treatment

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Office Closures:

Thanksgiving
November 28, 29

Christmas
December 24, 25

New Years Day
January 1



ODS is a member of the Delta Dental Plans Association

News and Notes

Follow These Three Simple Steps When Submitting X-Rays

When submitting x-rays to the ODS Dental Claims Department. *Please make sure to:*

- Have the patient's name and ID number on the mounted x-ray.
- Include the date of the x-ray and the provider's name and address.
- When responding to a request for x-rays, include a claim or pre-determination number.



ODS Online Dental Benefits and Eligibility.

www.odshealthplans.com/dental

Available 7 days a week from 6:30 a.m. to 10:30 p.m.

Pharmacy Corner *continued...*

includes head/bed elevation (extra pillows during sleep) limiting spicy/fatty foods, especially right before bedtime and avoiding alcohol, caffeine, soft drinks, citrus and hard candy.² Several medications can also be used. Histamine-receptor antagonists such as cimetidine (Tagamet®), ranitidine (Zantac®), famotidine (Pepcid®), and nizatidine (Axid®) are available over the counter and by prescription.² Proton pump inhibitors, such as Prilosec®, Prevacid®, Aciphex® and Nexium® would be prescribed by the patient's primary care physician or gastroenterologist.

References

1. Ali, Dena et al. Dental erosion caused by silent gastroesophageal reflux disease. Journal of the American Dental Association June

2002; 133: 734-7.

2. Gandara, BK, et al. Diagnosis and management of dental erosion. The Journal of Contemporary Dental Practice. Fall Issue 1999; 1(1): 1-16.

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Medication	Strength	Cost*
Tagamet HB	200 mg	\$18.72
Pepcid AC	10 mg	\$32.36
Axid AR	75 mg	\$18.98
Zantac 75	75 mg	\$18.15
Prilosec**	20 mg	\$138.44
Nexium**	20 mg	\$124.33
Prevacid**	30 mg	\$133.66
Aciphex**	20 mg	\$123.13
Protonix**	40 mg	\$108.85

*Cost for a 30 day supply based on AWP

**Available by prescription only

OHP Standard Plan *continued...*

preventative services are provided without a co-pay.

The following is a partial list of procedures and co-pays under the new plan:

Exam No co-pay

Fillings	\$15 co-pay
D3310	\$50 co-pay
D3320	\$70 co-pay
D3330	Not covered
D5110	\$100 co-pay
D5220	\$100 co-pay